



**OBUSFORME®**

COMPUTER ACCESSORIES



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OBUSFORME® Monitor Stand with Inline Document Holder reduces the likelihood of eyestrain, headaches and neck discomfort.



OBUSFORME® Keyboard Support reduces reaching and awkward postures thus reducing the potential for shoulder, hand, arm and wrist discomfort.



OBUSFORME® Footrest helps relieve strain on your lower back and legs.



always a  
benefit



### Obusforme® Keyboard Support - All Models

- Patented Floating Mouse Tray® slides over numeric keys. Two heights to choose from
- Can be placed flat on tray beside keyboard
- Patented Height Adjustable Palm Rest® -1/2" range
- Palm Rest is completely removable to accommodate personal preferences and alternative keyboards
- Floating Mouse Tray® and Height Adjustable Palm Rest® can be easily positioned to accommodate left hand mouse users
- Cord guides for keyboard and mouse
- Optical mouse compatible
- Meets BIFMA standards



#### OBUSKEY1

- "Z" Bracket with fixed -10° tilt
- Retractable on 18" track
- **Recommended for low usage**



#### OBUSKEY2S

- Extended articulating arm mechanism with 5.5" neck
- Knob less Tilt-&-Set height adjustment from 2" above to 6" below worksurface
- Independent lever for tilt adjustment from -15° to +5°
- Retractable on 23.25" track
- **Good value for single users**



#### OBUSKEY5S

- Extended articulating arm mechanism with 5.5" neck
- Knob-less Lift-N-Lock height adjustment below the underside of the worksurface from 0.6" to 6.6"
- Finger controlled pull latch for easy tilt adjustment from -10° to +15°
- Retractable on 22.75" track
- **Best value for frequent position changes and multiple users**



#### OBUSKEY4

- Extended Sit/Stand articulating arm mechanism
- Knob-less Lift-N-Lock height adjustment from 6.2" above to 6" below worksurface
- Independent lever for tilt adjustment from -15° to +15°
- Retractable on 23" track
- **Recommended for alternating between sitting and standing postures**



#### Obusforme® Monitor Stand & Inline Document Holder Model # OBUSMONST

- User Height Adjustable 2.25"-5.38" by innovative ratchet handle
- Dimensions: 18.25"W X 16.25"D X 2.25"-5.38"
- Supports a monitor of up to 50 lb.
- Non-slip surface.
- Rubber feet protect worksurface
- Laptop friendly
- Inline Document Holder moves up/down with Monitor Stand



#### Obusforme® Footrest Model # OBUSFOTR

- 3-Position Angle Adjustment between 5° to 15°
- Dimensions: 18"W x 14.5"D x 3.6" / 4.5" / 5.25" H
- Heavy duty, premium ABS plastic construction
- Provides full foot support
- Non-slip surface
- Sturdy

For further details and additional models, please refer to your price list

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**OBUSFORME® Monitor Stand with Inline Document Holder**  
Reduces the likelihood of eyestrain, headaches and neck discomfort.

- 1 User Height Adjustable**  
Allows you to adjust monitor from 2 1/4"-5 3/8" with innovative ratchet handle. Holds up to 50 lb. monitor.
- 2 Viewing Distance**  
Easily positioned forward and back for comfortable viewing.
- 3 Inline Document Holder**  
Allows you to align documents between your monitor and keyboard at an angle for added visual comfort. Accommodates oversized documents.

**OBUSFORME® Keyboard Support**  
Allows closeness of upper arms to your body, more open angles than 90° at the elbow and neutral wrist postures. Reduces reaching and awkward postures thus reducing the potential for shoulder, hand, arm and wrist discomfort.

- 4 Patented Floating Mouse Tray®**  
Allows you to slide Floating Mouse Tray® over keyboard's numeric portion and can be easily moved to either side when keys are in use. Two heights to choose from to keep your mouse and keyboard close in height. Can be easily positioned to accommodate left hand mouse users. The Floating Mouse Tray® can also be placed flat on the keyboard support.
- 5 Patented Height Adjustable Palm Rest®**  
Easily adjusted so as not to interfere with keying. Narrow design encourages comfortable wrist postures. Completely removable to accommodate individual preferences as well as alternative keyboards. Can be easily positioned to the left or right depending on your preferred keyboard location.

- 6 Fully Articulating Arm Mechanism**  
A variety of articulating mechanisms are available with various height and tilt adjustment ranges.  
See back page for features of other models.



**OBUSFORME® Footrest**  
Helps relieve strain on your lower back and legs.

- 7 3-Position Angle Adjustment**  
Allows you to adjust the footrest between 5° to 15°. Provides full foot support. Non-slip surface.

**Keyboard & Mouse Positioning Options**



Minimized Reach



Surfing



Left Side



Right Side

**Ergonomic Hints & Tips**

*Position the entire screen between 20° and 50° below horizontal eye level. If you wear bifocals or trifocals, you may need your monitor considerably lower for comfort.*

*Position the monitor at arm's length, farther is very acceptable and considered preferable by some. If you can't read the characters, make them larger instead of moving the monitor closer. Tilt top of the monitor slightly away from your eyes, as long as it doesn't result in glare on the screen.*

*Place documents as close as possible to your monitor either beside it at roughly the same distance and level or between your monitor and keyboard at an angle.*

*Position the mouse as close to the keyboard as possible and at approximately the same height. If you primarily use the alpha keys (left 2/3rd's of the keyboard), place the mouse on a surface over top of the numeric keys.*

*Use the palm rest when resting during keying tasks.*

*Vary the keyboard height from elbow height, especially positions below elbow height. Set the keyboard tilt to follow the line of your forearm and hand. For example, if your keyboard is lower than elbow height, slightly tilt the keyboard support away from you so as to avoid bending your wrist. If you primarily use the alpha keys (left 2/3rd's of the keyboard), line up "H" key with your nose and centre of screen.*

*Maintain comfortable angles at your ankles (approximately 90°) as you change the position of your lower legs. If you have to set your seat at a height that does not allow your feet to rest comfortably on the floor, a footrest is a necessary support to avoid undue pressure on the underside of your thighs.*